

### **May 15th-**

I hope all is well! It was a great meet weekend and thank you parents for volunteering! I hope everyone enjoyed their Mother's Day!

Practices this month will be at our regular Spring practice schedule including drylands. **There are no practices Memorial Day weekend (Saturday 5/25-Monday 5/27)**. The Rutgers meet is a qualifying meet. If you have not received an email from me regarding the meet information entry file, your athlete will not be racing that weekend. If you would like to review the cut times, it is posted on our team page, as well as the ISCA cuts, Summer Junior Met times, LC Motivational times and other important information.

AG2 Team Page: <https://www.longislandswimming.com/age-group-2.html>

If you have any questions, please feel free to contact me. Have a great rest of your week!

### **May 6th-**

Below is info regarding practices this week and Spring Kickoff Meet this weekend.

- This week Monday (5/6)-Friday (5/10): *I am out of the office; any emergencies or if you need an immediate response, please be sure to email myself and Carol at [cwithus@longislandswimming.com](mailto:cwithus@longislandswimming.com)*. We will swim at our regular practice times; there will be **no drylands today (5/6) and Thursday (5/9)**. **There is no practice this Sunday as group and staff are at Kickoff Meet.**

Spring Kickoff Meet Info:

Attached is the final entry report and session times. If there are any warm-up/meet start time changes, I will follow up with updates.

SESSION I (11-12s): SATURDAY, MAY 11th; Red LIAC Shirt

Event # 1-26

Check In 7:45am, Warmup 8:00am, Start 9:00am

SESSION II (10 & Unders): SATURDAY, MAY 11th; Red LIAC Shirt

Event # 27-48

Check-In 1:15pm, Warmup 1:30 pm, Start 2:30 pm

SESSION III (10 & Unders): SUNDAY, MAY 12th; Blue LIAC Shirt

Event # 49-70

Check-In 7:45am, Warmup 8:00am, Start 9:00am

SESSION IV (11-12s): SUNDAY, MAY 12th; Blue LIAC Shirt

Event # 71-94

Check-In 1:15pm, Warmup 1:30 pm, Start 2:30 pm